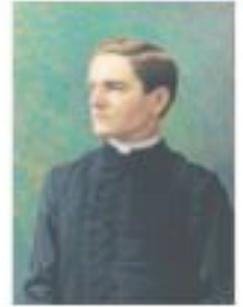


Knights of Columbus



St. Michael Council #11445
5750 North High Street
Worthington, Ohio 43085



☆ **Star Council 2009-2011** ☆

K of C News, Volume 19, Number 2, August 2012

Dates to Remember:

[All K of C meetings are held at St. Michael Church, Room 107 (St. Raphael Room) at 7:30 PM unless otherwise noted.]

- 8/13 *Business Meeting*
- 8/15 Assumption of the Blessed Virgin Mary
- 8/19 Corporate Communion (10:30 Mass) followed by Coffee and Donuts (see page 6)
- 8/25 DEADLINE FOR SEPTEMBER 2012 NEWSLETTER
- 8/26 Assembly 2380 (4th Degree) Picnic (see page 1)
- 8/27 Officer Installation Dinner at P. K. O’Ryan’s (see page 1)
- 8/31-9/2 St. Michael Festival
- 9/3 Labor Day
- 9/7 4th Annual Memorial Blue Mass (see page 4)
- 9/8 Honor Flight Columbus (see page 1)
- 9/10 *Business Meeting*



OFFICER INSTALLATION DINNER – MONDAY, AUGUST 27, 6:30 PM

Our officer installation dinner is scheduled for Monday, August 27 at P.K. O’Ryan’s at 6:30 PM. Spouses and guests are invited. More details will be forthcoming at our August 13 business meeting and by email.

Chris Damo, Council Activities, 614-256-9851, cdamo@columbus.rr.com

ASSEMBLY 2380 (4TH DEGREE) PICNIC– SUNDAY, AUGUST 26, 4:00-8:00 PM

Columbian Martyrs Fourth Degree Assembly 2380 is having a picnic on Sunday, August 26 from **4:00-8:00 PM** at **Thompson Park** in Upper Arlington (McCoy and Mountain View Rds) at the North Shelter House. **All 3rd degree knights who are interested in taking the Fourth Degree are invited to attend with their families.** The picnic is a potluck and the Assembly will provide the meat.

Please RSVP to **George A. Jones, Faithful Navigator**, cell: 614-496-1874, e-mail: gaj@the-jones.net.
Tony Petrarca, Editor

HONOR FLIGHT COLUMBUS – SATURDAY, SEPTEMBER 8

St. Michael Council #11445 has committed to continue its support of transporting St. Michael WWII and Korean War Veterans to Washington, D.C. to visit their respective Memorials through the Honor Flight Program. Remaining Honor Flight Columbus trips for the 2012 season are: **September 8, 29; October 20**. A Volunteer Application Form for those interested in helping out with Honor Flight Columbus (like Ground Crew, or any of the other variety of opportunities listed) is available on the website: http://www.honorflightcolumbus.org/About_Us.html. To volunteer please complete the Volunteer Application Form found at the website.

Our KofC Honor Flight committee seeks everyone's help in talking to our fellow parish WWII and Korean War veterans about possibly making the Honor Flight trip. Veteran application forms can also be found on the website listed above. Thanks to all who help make this program such a memorable one for our veterans.
Jim Shough, Community Activities, 740-549-3321, jshough1@insight.rr.com

DON'T ASSUME YOU CAN'T AFFORD DISABILITY INSURANCE

One of the biggest mistakes you can make regarding disability insurance is to assume you can't afford it or you won't qualify. Before you make that assumption, do some basic research and apply for coverage through the Knights of Columbus. The Order's Income Armor product gives you options that can help you fit this critical protection into your risk management budget.

For example, here are two ways you can reduce your premium:

1. Choose a two-year or five-year maximum benefit period.

Depending on your age, the best option is probably a policy that pays benefits until you reach age 67. But a two-year or five-year maximum benefit period would cover many types of partial or total disabilities you might encounter in your working life.

2. Choose a longer elimination period.

An elimination period is the number of days a total disability must exist before benefits begin to accrue. Typical elimination periods are 30, 90, or 180 days. Choosing a longer elimination period lowers the policy's premium. But be sure you have enough set aside in your business's contingency fund to account for the longer gap.

As your professional insurance agent, running a small business and the challenges of risk management are two of my specialties. Let's talk about how to protect your business income, your retirement needs, and your family's financial future.

Craig Heppner, KofC Field Agent; Office: 614-732-5304, Cell: 703-615-5503, craig.heppner@kofc.org

EMOTIONS (Presented by our Lecturer at our July Meeting)

We are given gifts in our life, though often we do not see them as gifts, nor are they always what we asked for. We are given life. We often forget it is a gift, and so often we focus way too much on how we can make ourselves most comfortable rather than how we can get the most out of our lives.

Many times we overlook the gifts bestowed on us that come from merely experiencing each and every day. From birth to death we are here to grow, to grow in spirit to grow in love to learn. Our actions, both proactive and reactive to our experiences, mark our growth and shape our character.

Emotions can act as a barometer in our progress. In America, societal pressures often opine that a man is weak if he shows emotion. I think otherwise. It is not tears that mark weakness. Emotions are complex and their physical manifestation can be similar for a myriad of situations. For myself, I have come to realize that in order to grow or to learn, or just to manage to get through life I must truly feel emotion. I never want to suffer but suffering is inevitable. In suffering I don't want to feel pain, I want to keep it set aside, but I know myself and at some point I have to allow myself to feel the pain brought on by suffering. I need to feel it to reconcile the suffering, and to let it go. If the suffering is by my own hand I must allow myself to feel it to give me the best chance of righting a wrong I have committed; to dispense with unhealthy rationalization; and to gird my resolve to set right an action that goes against the values of my soul. If my suffering is by the hand of someone else and I have been wronged, I must at some point allow myself to feel the emotion and in this regard the longer I stave it off the worse it can be. The longer I stew in being wronged the harder it is to let it go. The greatest cure to being wronged is to allow yourself to forgive. I must get past the pain to allow myself to forgive. If the suffering comes from life itself, by no one's hand, then the only chance I have of learning or attempting to come close to an understanding is to let myself work through it. Above all offer suffering up to God. Offering it up does not mean it will hurt less, but it does mean you do not have to go through it alone. When wronged, offering it up for the soul of the person who committed the wrong is a huge step towards living as Jesus teaches. When this can be done you have given yourself a gift. Admittedly, I have quite a ways to go in this regard.

In joy, allow yourself to feel the full extent of good. When giving another good allow yourself to share in the feeling that comes from making another person's life better no matter how big or small. Caution however, against allowing your action of good from being more self-serving than serving to others. In all cases, remember to offer the joy up to God. I too often say to Him "Why are you doing this to me?" and too seldom "Thank you for what you have given me". I am seldom in control in this life, and when I am it is never to the degree to which I think I am.

If any of the above leaves me with a tear on my cheek, so be it. It is part of me. A final thought...What other people think of me is not relevant, except in regard to what good they feel when I in some way touch their lives.

Pat Rosmarin, Lecturer

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Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

A THANK YOU NOTE

I would like to thank Saint Michael Knights of Columbus Council 11445, of which I'm a Charter Member, for the \$100.00 donation to **myTeam Triumph, Heart of Ohio Chapter**.

myTeam Triumph is a way for people of all ages with disabilities to participate in running events from 5K's to marathons and even triathlons. It was started by Dick Hoyt who for years participated with his son Rick in numerous running events and saw the joy and happiness it brought to Rick whenever they would cross the finish line. You may have seen Dick and Rick on TV when they would participate in the **Ironman Triathlon**. Dick was convinced that he could bring to other people with disabilities the thrill of participating in these events and he started **myTeam Triumph** on a national basis.

The Heart of Ohio Chapter is currently in its second year and is participating in six races this year. They have between 8 to 10 Captains (this is what myTeam Triumph calls the disabled member of each team) that regularly participate in each race event. The Captain is buckled into a racing chair, much like a 3 wheeled stroller. The chair is pushed by a team of 3 to 5 individuals known as Angels. I have been an Angel in three events this year and it is a very fulfilling experience to see the joy and excitement on the Captains' faces as they run throughout the race course. Time doesn't matter. Yes we try and push as fast as the team of Angels can do together, but what matters to the Captains is the feel of the wind in their faces and to see the crowd of people along the race course cheering them on and calling out their names. These race events are a way to allow the Captains to do something that they would not be able to do without this group.

I have always been a runner, not just at the Lenten fish fry's, and running with **myTeam Triumph** adds a rewarding experience to the benefits of exercise that I get from participating. So thanks again to the Council for the donation to **myTeam Triumph, Heart of Ohio Chapter**.

Mike Weisenberger



Mike pushing Captain Dorothy across the finish line at the Gary Smith Worthington Classic.



Mike and the team of Angels pushing Dustin towards the finish line in the Gahanna race.

ST. MICHAEL COUNCIL #11445 OFFICERS AND COMMITTEE CHAIRS 2012-13

Grand Knight: Brett Gissel
Chaplain: Rev. Stash Dailey
Deputy Grand Knight: Pat Rosmarin
Chancellor: Chris Damo
Recorder: Tom Schmitt
Financial Secretary: Anthony Matlak
Treasurer: Matt Brown
Lecturer: Patrick Rosmarin
Advocate: Michael Fowler

Warden: Mike LaMorte
Inside Guard: Kirk Alton
Outside Guard: Lonny Young
Trustee (1 Year): Scott Mergenthaler
Trustee (2 Years): Cyrus Cottrell
Trustee (3 Years): John Greve
Membership: John Greve
Pro Life: Matt Brown
Historian: Anthony Petrarca

Newsletter Editor: Anthony Petrarca
Program Director: Pat Rosmarin
Church Activities: Greg Eckert
Community Activities: James Shough
Council Activities: Chris Damo
Family Activities: Chris Mauro
Youth Activities: Tim McNamara
District Deputy: Chris Damo
Insurance Rep: Craig Heppner

NOTE TO U.S. MAIL RECIPIENTS OF THIS NEWSLETTER

Our KofC Newsletter is currently being sent by U.S. Mail to about 15 members and 5 guests (KofC widows and honorary recipients). Over 185 members and guests receive the newsletter via email, which results in a considerable savings in postage and printing costs for our council.

If you are a U.S. mail recipient and have an email address, please share it with me at petrarca@cse.ohio-state.edu so that we can realize an additional savings in postage and printing costs.

ST. TIMOTHY CHURCH AND ST. TIMOTHY COUNCIL #14345 KOFC - 4TH ANNUAL BLUE MASS

St. Timothy Catholic Church and St. Timothy Knights of Columbus Council No. 14345 will host their Fourth Annual Blue Mass on **Friday, September 7, 2012 at 5:00 p.m.** The Blue Mass is an opportunity to honor and pray for all active, retired and deceased law enforcement, fire fighters, and emergency medical personnel. In addition, it is an occasion to remember the 2,973 who lost their lives in the Sept. 11, 2001 terrorist attacks. The Blue Mass will be celebrated by Bishop Frederick Campbell, with Fr. Timothy M. Hayes, Pastor, at St. Timothy Catholic Church, 1088 Thomas Lane, Columbus as concelebrant. Other concelebrants may be present, such as chaplains from the Columbus Division of Police and Fire, and from the Franklin County Sheriff's Office.

The Blue Mass dates back to 1934 in Washington DC. The Blue Mass has been a common tradition in the Northeast United States, but it has more recently been extended throughout the country particularly in the wake of September 11th, 2001. The Blue Mass honors and recognizes the sacrifice of police, firefighters, paramedics, emergency medical crews, all members of the public safety community and those who have given their lives in service to their communities. Blue refers to the color of uniforms many public safety employees have traditionally worn.

Among those participating will be representatives from the Columbus Division of Police, Columbus Division of Fire, Franklin County Sheriff's Office, Columbus Police Honor Guard, Columbus Police and Fire Pipes and Drums and the Fourth Degree Knights of Columbus. All emergency and law enforcement personnel in the greater Columbus area, and their families, are invited to attend.

All active and retired law enforcement, fire and emergency personnel and their families in the greater Columbus area, members of St. Timothy Church and all parishes in the Diocese of Columbus, and all members of the Knights of Columbus are invited to attend. The Blue Mass is a wonderful way to bring the community together and give spiritual support to those who support us but who are too often unremembered and unrecognized. Please join St. Timothy Church and the Knights of Columbus at the Third Annual Blue Mass on September 7, 2012 at 5 PM.



2012
BLUE MASS

*Friday, September 7 at 5:00 p.m.
St. Timothy Church, Columbus*



Fr. Timothy M. Hayes, Pastor of St. Timothy Church, Columbus, and St. Timothy Knights of Columbus Council 14345 invite all to the Blue Mass which honors and recognizes the sacrifice of police, firefighters, paramedics, emergency medical crews, all members of the public safety community and those who have given their lives in the service to their communities.

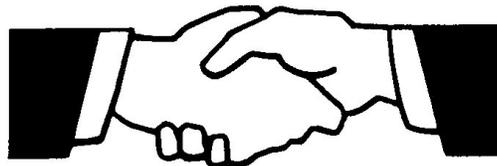


www.sttimothyparish.net
www.kofc.org



Membership Activities

Membership Chairman: John Greve



CONTACT YOUR FRIENDS ABOUT MEMBERSHIP IN THE KNIGHTS OF COLUMBUS

There are many men in St. Michael Parish who have heard of the Knights of Columbus and are ready to join if only they are asked. Discuss the possibility of membership with your friends and acquaintances. You'd be surprised how quickly some of them will respond affirmatively. Membership application forms (Form 100) are available at all our meetings and other council activities. Please be one of our ambassadors. There will be many First Degree Ceremonies during the upcoming months to get them initiated into our council.

UPCOMING FIRST DEGREE CEREMONIES

Date	Council	Time*	Contact	Phone
8/9/12 (Thur.)	#5776, St. Paul, Westerville	7:30 PM	Don Coffey	614-523-2564
8/13/12 (Mon.)	#4324, Church of Ascension, Johnstown	7:30 PM	Charlie Kramer	614-832-4634
8/20/12 (Mon.)	11275, St. Andrew, Upper Arlington	7:30 PM	Pat Carroll	614-657-0957

*Candidates must arrive 30 minutes prior to the degree starting time

NEXT 2ND AND 3RD DEGREE CEREMONIES - SUNDAY, OCTOBER 28, 2012

Sunday, October 28 is the next opportunity to take the **2nd and 3rd degrees** in the Knights of Columbus so you can achieve full knighthood in the order. As most of you know the 4 principles of the Knights of Columbus are **Charity, Unity, Fraternity, and Patriotism**. The four degree ceremonies are each based on one of these principles. The 1st degree, based on *charity*, is the one you have taken. The 2nd and 3rd degrees, which are being offered on the above date at the **Bryce Eck Parish Center of St. Andrew Church, 3880 Reed Road, Upper Arlington** (hosted by St. Andrew Council #11275) are based on *unity* and *fraternity*, respectively. One does not achieve full knighthood in the Knights of Columbus until you have taken the 3rd degree. The 4th degree is optional. **IF YOU ARE A FIRST DEGREE KNIGHT, PLEASE MARK YOUR CALENDAR FOR THE ABOVE DATE.**

NEXT 4TH DEGREE EXEMPLIFICATION CEREMONIES

The next 4th degree exemplification ceremony will be held in early **November**, in southeastern Ohio (Steubenville Diocese), date and location TBA. Any 3rd degree knight who has taken his 1st degree six months or more prior to that time is eligible. Contact Brett Gissel (805-1443) for application forms and other information.

Current 4th degree members from St. Michael Council #11445 are Dave Barrett, John Blute, Matt Brown, Cy Cottrell, Fr. Stash Dailey, Chris Damo,, Nick Droll, Michael Eaton, Jim Ferega, Bob Foster, Klaus Fricke, Gene Gabalski, John Gahm, Brett Gissel, Tom Gjostein, John Greve, Mike Gross, Mike Guertin, Paul Kendrac, Donn Kinietz, Dennis Kovach, Len Kutney, Brad Marietti, Tony Matlak, Scott Mergenthaler, Larry Mily, Brian Moran, Bill Munhall, Bill Neumeier, Fr. Richard Pendolphi, Tony Petrarca, Pat Rosmarin, Shane Switzer, Richard Wade and Paul Witkopf.

DISTRICT DEPUTY FOR ST. MICHAEL COUNCIL #11445 (DISTRICT 41)

Chris Damo 294 Bluejay Drive, Columbus, Ohio 43235 Ph: 256-9851 email: cdamo@columbus.rr.com

INSURANCE REPRESENTATIVE FOR ST. MICHAEL COUNCIL #11445

Craig Heppner 239 Chatham Rd., Columbus, Ohio 43214 Ph: 732-5304 email: craig.heppner@kofc.org

PRAYERS FOR BROTHER KNIGHTS AND THEIR FAMILIES

Please pray for **Jan Gallagher White**, wife of brother knight Pete White, and for brother knights **Bill Ruth, John Blute, Dan Meyers, Jim Ferega,** and **Gene Gabalski** who are currently experiencing some health problems; for **Lale Ruth**, wife of brother knight **Bill Ruth**, who is recuperating from cancer chemotherapy; and for knight widow **Joan Patton** and brother knights **Bob Foster, Dick Long,** and **Donn Kinietz**, all of whom are dealing with long term health problems. Also, please remember to pray for all of our **deceased brother knights** and their families and **for all Veterans**, living and deceased.



CORPORATE COMMUNION (August 19)

Our monthly Corporate Communion at 10:30 Mass on the 3rd Sunday of each month is followed by coffee and donuts after Mass. **Join your brother knights and families in the RESERVED SEATS up front at the 10:30 Mass for CORPORATE COMMUNION, and FELLOWSHIP after Mass in the undercroft.**
Greg Eckert, Church Committee

**In Memoriam
Paul Rea**

Feb. 5, 1921- Jan. 22, 2012
Requiescat in Pace



St. Michael Council #11445 Knights of Columbus

August 2012 Newsletter

c/o Tony Petrarca
194 Meadowlark Lane
Columbus, Ohio 43214

Return Service Requested

TO: